Rockingham Recreation Department 2006 FALL SCHEDULE

Lacrosse Clinics

Sponsored by Shenandoah Valley Lacrosse Assoc. Boys and Girls ages 6-18 @ Montevideo Middle School

> Sundays 2:00 @ Oakdale Park, Bridgewater Sundays 4:00

September 10, 24, October 1, 8

Cost is \$20 includes T-shirt / lacrosse sticks \$30 each Will have equipment available to borrow Contact Gary Snyder @ 289-3703 for more info.

Gymnastics

Mondays @ Lacey Springs Elementary Begins September 11

Tuesdays @ John Wayland Elementary

Begins September 5 Class Times

5:30-6:30 4-10 vrs

6:30-7:30pm 4-10 yrs / 7:30-8:30pm 10 yrs-up

Call Angie for more info. 746-4521

Diamond Elites Cheer Club

Children ages 4 yrs thru 6th grade Meets on Tuesdays 4:30-5:30 pm / \$25 per month Call Dina Kirby at 271-6270 for more info. Begins August 29th @ Peak View Elem.

Boys (Indoor Soccer) Futsal

Futsal is a five-side version of soccer played

indoors on a basketball court Non-stop action

Grades 1st -12th

- October Registration
- Games begin in November

Girls Futsal sign ups will be in December Games January and February

Plains District Community Center 233 Co-Op Drive, Timberville, VA

- Get Fit Exercise-Aug. 22-Sept. 28 / \$25 Tuesday / Thursday / 6:00 p.m.
- Karate- Aug. 30- Oct. 4 / \$35 Ages 7-12 6:30 p.m. Ages 13 & up 7:30 p.m.

Pre-Registration is required for classes

Hours: M-F 9am-9pm--Sat. 11am-9pm—Sun. 1-8pm Room Rentals Available for banquets or parties For information call 896-2824

Upcoming Events

- Boys Basketball- Registrations, middle of December. 1st–8th grades (1st graders clinic only)
- Christmas Card Contest-grades 2nd -5th
- Wrestling-Registrations, February Grades 1st -7th
- Youth Volleyball-Registrations, first of March Grades 2nd –8th

Girls Basketball Sign Ups

- Grades 1st 8th (1st graders clinic only)
- October Registration
- Games begin in November



Rockingham Glitterettes

Ages 3 and up

John C. Myers Elem.

Monday evenings

Instructor: Michelle Shirkey 810-3964

Aerobics

@ Mountain View Elem. \$25.00 - 5 week session Begins Oct. 3rd / Tuesday & Thursday 6:30-7:30 pm Call Gina Bare for info. 433-4016

Horseback Riding

"Learn to Ride Program" Tuesdays-September 19th –October 24th 6-8 pm \$150 Saturdays-September 23rd – October 28th 2-4 pm \$150 Grades 1st - 12th

Hunter's Edge Horse Farm in Hinton, VA For more information call Vonda Reel 867-5999

Elkton Parks and Recreation Activities

For more information on programs below call 298-9860

- Flag Football register at the Elkton Rec. office 8am-4pm until Sept. 5th \$20 (for ages 6,7,8)
- Girls Basketball register at the Elkton Rec. office 8am-4pm until Sept. 5th (\$20 for K-2) (\$25 for grades 3rd – 12th)
- Gymnastics- Mon.-Wed. Fri. / Ages 3 yrs and Up
- Exercise Classes Mon. & Fri. evenings at 6 p.m. East Rockingham Community Center
- **Twirling Medallion Majorette and Drum Corp** Ages 3 and Up / 298-0811 or 298-9120
- "B" St. Location: Dance Studio Register: Sept. 8 from 3-6pm or Sept. 9 from 9am-1pm For more info call-298-2163